

InnerWinner™ Personal Development Programs

Personal growth is an essential component in your people skills development. The way you ground your identity and handle your emotions often determines the amount of influence you have in everyday situations. Gain maturity, professionalism and confidence with these InnerWinner™ programs.



Expect Success

Keynote, Breakout Session, Full-Day Seminar

This powerful keynote is based on Karla's book, "Wake Up The Winner Inside." It teaches mental aerobics you can do every day to increase your adversity quotient and improve your attitudes. You'll wake up feeling like a Winner every day.

When clients buy a keynote, books can be purchased at a discount as gifts for attendees.

I Learned About Life In Little League

Keynote

Take a trip down memory lane to your own experiences with little league. This keynote is based on Karla's experiences going from a musician to a dugout mom. The lessons of little league -- winning with hard work, preparation, and determination -- are applied to life.

Increasing Personal Power and Charisma

Keynote

What are the secrets of that certain magnetism some people have? Learn all about charisma and how to express your personal power in this keynote. You'll get tips on talking to yourself, creating rapport with others, and exerting the right influence to impact the behavior of others.

"You really hit home with me when speaking about harmonizing your life. We will remember, with smiles on our faces, harmonizing as a group and playing 'Name That Tune' for a long time."

- Susan Peryam
First Vice President,
SunTrust Service Corporation

"Where did you find her? Boy, did we get our money's worth."

- Maury Kalnitz
Director, Georgia State
Executive MBA Program

"I just wanted to express my appreciation for the successful work that you recently completed with one of my employees. The individual has undergone a marked and noticeable change. She is becoming a better, more confident and enthusiastic supervisor. The project was money well spent!"

- Tom Bland
Information Systems Manager,
Cobb EMC